

# Niyam

*Niyam, Nischay ane paksha hoy te  
paako satsangi chhe*



# Introduction



- Definitions
- Explanations
- Examples
- References



# What is your religion about?



- The beliefs you follow
- The principles by which you choose to live your life
- but...
  - the breadth and depth of our sampraday calls for much more than this...



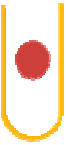
# The Matrix



	Niyam	Nischay	Paksha	Aagna	Upaasna
Dharma					
Bhakti					
Gnan					
Vairagya					



# Task 1



- Fill in the matrix on the right
- Definitions for row headings available in Shikshapatri (103/4)

	Niyam
Dharma	
Bhakti	
Gnan	
Vairagya	



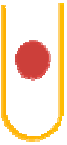
# Task 2



- Read the question and answer to Muktanand Swami's second question in Vachnamrit GM16 (towards the end)
- Discuss the spiritual significance of why we follow these niyams



# Task 3



- What is the difference between a Nirvasnik and a Savasnik devotee?
  - Read Vachnamrit GA18 and be ready to present and discuss your ideas



# Conclusion

- The daily code of conduct for a devotee
- Efficient medium for bringing dharma, bhakti, gnan and vairagya into our lives
- A way of cutting out the influence of maya and enemies such as kaam, krodh, lobh, etc. by attacking the very root of these weeds